

**\* REGISTER NOW \***

# WINTER FLAG FOOTBALL

**AGES: K - 8<sup>th</sup> grade**

**STARTS: October 9th**

**NFL Regional Tourney: December 5,6**

**REGISTER: before Sept 21st**

**\*NFL Uniforms\***



**@ THE FARM LEAGUE**

FL Flag is a fast moving NFL program with games designed to improve the skill position players: QB, WR, RB, and DB's. Rules can be found on the website.

- 10 games with an end-of-season tournament. We separate the kids into GRADE specific divisions to allow for an equal level of play.
- All players receive an NFL jersey, matching shorts and a set of flags. \*NEW\* shorts are now included in the registration fee, and will match the jersey colors.
- Flag football is a great game designed by the NFL to teach kids the game and to be physically active. Boy's middle school division is a blast. The older kids make some amazing plays.
- Teams pick their own practice day, time & location; normally at a convenient school & one day a week.
- Players are allowed to play up a grade level.
- Teams are built on friend requests, coach request or elementary school zoned to.

You can sign up by yourself or with a group of friends. Parents, contact your friends and request to be on the same team! Lots of fun ahead for the players AND the parents! When you register online, there is a "General Information" section with a FRIEND PREFERENCE field. Visit the FAQ link for more league info: [www.thefarmleague.com/faq/](http://www.thefarmleague.com/faq/).

## GIRLS POWDER PUFF



**AGES: K-8th grade**

**STARTS: October 18th,**

**Sunday afternoons**

**REGISTER: before Sept 25**

Powder Puff is a **GIRLS ONLY** flag football league, K-8<sup>th</sup> grade. They get to play the game they have watched or cheered for. The girls can come with their friends, or as a single, and enjoy a new team sport and **HAVE FUN**. They receive an NFL jersey and flags. You will have a lot of fun watching them play the game. **Registration ends September 25<sup>th</sup>** and games will be double headers on Sunday afternoons.

Register ONLINE:  
[www.thefarmleague.com](http://www.thefarmleague.com)



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